

**10A NCAC 71R .0913 PREPARATION AND DELIVERY OF MEALS**

(a) Primary Service. This service means the preparation and delivery of nutritious meals to a blind, aging, or disabled individual in his own home or in a central dining facility as necessary to prevent institutionalization or malnutrition. The cost of raw food necessary to provide the meal service is included.

(b) Components. None.

(c) Resource Items. None.

(d) Target Population. Blind, aging, or disabled individuals needing nutritious meals in their own home or in a central dining facility as necessary to prevent malnutrition or institutionalization. Within the target population, eligible clients shall be provided meal services in the following order of priority:

- (1) aged or disabled individuals who need the service to avoid impending placement in substitute care (e.g. nursing home, domiciliary home, foster home) and adults who need the service as part of a protective services plan;
- (2) aged or disabled adults who live alone and need the service to maintain self-sufficiency and prevent deterioration that may lead to placement in substitute care;
- (3) aged and disabled individuals who can receive some needed care from others but who need the service to enable their caregivers to maintain employment of to otherwise support the caregiver's efforts to keep them in their own homes.

*History Note: Authority G.S. 143B-153;  
Eff. February 8, 1977;  
Amended Eff. July 1, 1982; October 1, 1979;  
Transferred from T10.43D .0220 Eff. July 1, 1983;  
Amended Eff. July 1, 1984;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 20, 2017.*